

# LORD I HAVE CRIED (Psalm 140)

Appalachian Orthodox Chant  
Tone 1  
Minor Pentatonic

STAVROS FIRST

*Appalachian Orthodox Chant*

**Medium-Slow Chant**

Melody

Drone/Ison

Lord I have cried out un - to You, hear

*Ison should be similar to Byz. style;  
outline words of the melody while holding drone.*

5

me. Hear me O Lord. Lord I have cried

10

out un - to You, hear me, O Lord. Give ear to the voice

17

of my sup - pli - ca - tion when I cry

22

un - to You, hear me O Lord.

### Let My Prayer

26

Let my pray-er be set forth be-fore You as in - - cense,

31

and the lift - ing up of my hands as the eve - ning sac - ri -

35

- fice; hear me, O Lord.



22

They will hear my words for they are sweet; as when a clod of earth is broken up upon

25

the ground, so have their bones been scattered nigh unto Ha - des.

28

But my eyes are unto You, O Lord; in You have I hoped; take not away my soul.

32

Keep me from the snares which they have laid for me, and from the

34

stum - bling blocks of the workers of in - i - qui - ty.

37

The wicked shall fall into their own nets; I am alone until I can escape.

41

I cried to the Lord with my voice, with my voice I prayed to the Lord.

44

I shall pour out my supplication before Him;

46

I shall de - clare my af - flic - tion in His pres - ence.

48

When my spi - rit fain - ted with - in me, then You knew - est my path.

51

I looked on my right and be - held there was no - one who knew me.

54

Ref - uge failed me; no - one cared — for my soul.

56

I — cried to — You, O Lord; I said, "You are my hope, my

59

por - tion in the land of the liv - ing."

62

At - tend to my sup - pli - cat - ion, for I was hum - bled ex - ceed - ing - ly.

65

**rit.** - - - - -

De - liv - er me from my per - se - cut - ors, for they are strong - er — than I. —