

Hymns of Ascent

Mode Pl. 1 "Radiant"
Mixolydian

Melody and Ison may be transposed
to any comfortable range

ANAVATHMOI

Appalachian Orthodox Chant

STAVROS FIRST

Faster Chant (♩ = 135)

Antiphon I

In my af - flic - tion, like Da - vid I sing to You, my Sav - ior.

*Ison should be similar to the Byzantine style.
Outline the words of the melody while holding the drone.*

4

Del - iv - er my soul from a de - ceit - ful tongue.

6

Bles - sed is the life of those who dwell in the des - ert,

8

as they mount up with wings of the in - tense love of God.

11

Glo - ry to the Fa - ther and to the Son and to the Ho - ly Spi - rit!

14

Both now and ev - er, and un - to a - ges of a - ges. A - men.

17

By the Ho - ly Spi - rit are all things main - tain'd, both seen and un - seen;

20

for He is in - sep - 'ra - bly one of the Ho - ly Tri - ni - ty with full auth - or - it - y.

Antiphon II

24 **G**

 O my soul, let us be lift - ed to the moun -

26

 tains! Come to the One from Whom help _____ comes.

29 **G**

 Christ, let Your soar - ing right _____ hand keep me from

31

 ev - 'ry kind of mis - - chief.

33 **G** **F** **G**

 Glo - ry to the Fa - ther and to the Son and to the Ho - ly Spir - it!

36 **G** **F** **G**

 Both now and ev - er, and un - to a - ges of a - ges. A - men.

39 **G**

 To the Ho - ly Spi - rit we say the - o - lo - gi -

41

 zing: You _____ are _____ God, life and in - tense _____ love, light _____ and mind. (nous).

44 **F** **(D)** **G**

 You are good - ness, and You reign for - ev - - er.

Antiphon III

46 **G**

 8 When they say to me, "Let us go in - to the courts of the

48 **F** **G** **F** **G**

 8 Lord," I am filled with great joy, and I send up my pray - ers.

51 **G**

 8 O - ver the house of Da - vid fear - ful things will be ac - com -

53 **F** **G** **F** **G**

 8 - plished; a fire will be there, burn - ing ev - 'ry shame - ful thought.

56 **G** **F** **G**

 8 Glo - ry to the Fa - ther and to the Son and to the Ho - ly Spir - it!

59 **G** **F** **G**

 8 Both now and ev - er, and un - to a - ges of a - ges. A - men.

62 **G** **F**

 8 In the Ho - ly Spi - rit, as in the Fa - ther and the Lo - gos, is the prin -

65 **G** **(C)** **G** **F** **(D)** **G**

 8 - ci - ple of life; and by ³ Him ev - 'ry liv - ing thing is an - im - at - ed.

Prokeimenon

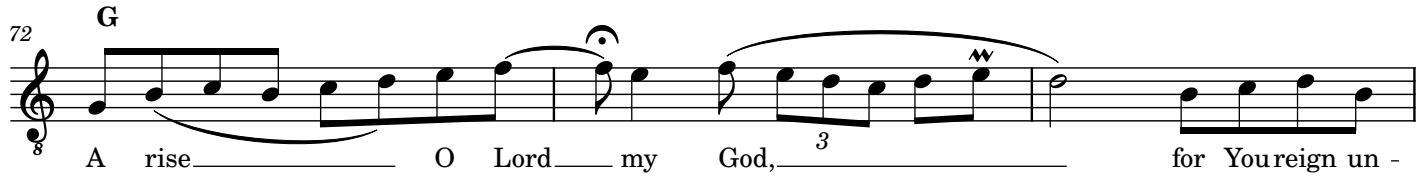
69 **G**



8 A - rise O Lord my God, for You reign un - to the a - ges!

Verse: *I will give thanks to You, O Lord, with my whole heart.*

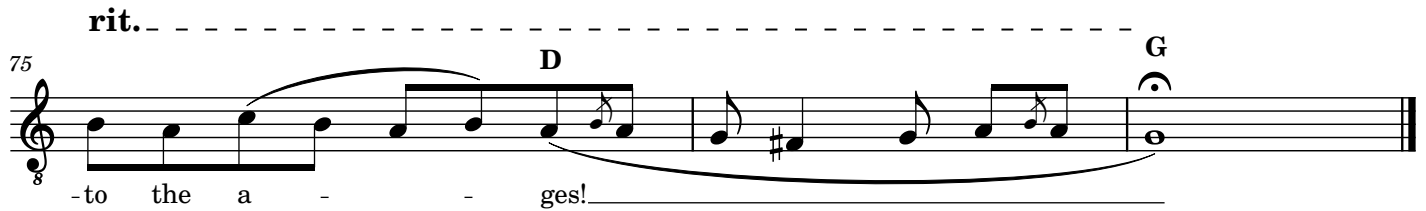
72 **G**



8 A rise O Lord my God, for You reign un -

rit.

75 **D** **G**



8 -to the a - ges!